

# GIRLS ON THE RUN FALL 2022 PROGRAM REGISTRATION

Season Dates: September 12 - November 19, 2022  
Fall 5K: November 19, 2022



Inspiring girls to become more  
**JOYFUL, HEALTHY & CONFIDENT.**



Girls on the Run is the nation's leader in girl programming that focuses on the whole girl: mind, body, spirit. Register your girl for a season of learning important skills, setting and achieving goals and starting healthy habits for life.

At Girls on the Run, we focus on the important things. We focus on more than running. This is not a running club. ***We focus on unleashing confidence and kindness in ALL girls.***

## **REGISTRATION IS OPEN AUGUST 22 - 31, 2022**

through the Girls on the Run website: [www.gotrcincinnati.org](http://www.gotrcincinnati.org)  
or directly through this link: <https://www.pinwheel.us/register/index/GOTRGCF22PROGRAM>

Through our program, 3rd-5th OR 6th-8th grade girls work together as a team to explore valuable lessons such as:

- ★ Standing up for themselves and others
- ⚡ Being a standbyer instead of a bystander
- ♥ Practicing empathy, inclusion, and acceptance

By signing her up for our program, you are giving her the opportunity to safely connect with other girls in our community in an inclusive and empowering space.

### **TEAM SPECIFICS**

Meeting Location:

Grades:

Days:

Times:

First Practice:

Head Coach Name:

Head Coach Email Address:



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Due to the nature of the GOTR program, teams can only accept 16 girls.

Registration will be open August 22nd at 10:00 am through August 31st at 11:59 pm. If more than 16 girls apply, a random lottery\* will be conducted on September 2nd. If less than 16 girls apply, all girls' registrations will be processed on September 2nd.

Please follow the steps below to register into the online lottery. A maximum of 16 girls will be accepted into the program. Girls must be able to attend both lessons each week. COVID related absences will be excused.

\*Registration is **not** conducted on a first come, first-served basis.

## LOTTERY REGISTRATION PROCEDURE

From Monday, 8/22 at 10:00 am through Wednesday, 8/31 at 11:59pm, please follow the steps to register:

1. Go to: [www.gotrcincinnati.org](http://www.gotrcincinnati.org) and click on "Register Now"
2. Choose the appropriate program location (i.e. your school, community center, etc.)
3. Enter the appropriate information. You will need the following information to register online:
  - Girl's information, including t-shirt size and estimated shoe size
  - Parent/Guardian contact information
  - Health information
4. Please enter your payment information online using the following scale (payment plans are available for fees \$30 and up):

Family Income:	Registration Fee:
Less than \$24,999	\$10.00
\$25,000 - 34,999	\$30.00
\$35,000 - 49,999	\$80.00
\$50,000 - 74,999	\$130.00
\$75,000 and up	\$165.00

We accept credit or debit cards. You will only be charged if your participant is accepted on the team via the lottery on September 2. If you CANNOT pay your fee according to this scale, you can complete an online financial aid application (using the embedded link in the online registration form). The GOTR office will contact you before the start of the season to finalize your financial assistance terms.

## WHAT YOUR GOTR FEE COVERS:

- 20 uplifting lessons
- Shoes from Fleet Feet Sports
- Healthy snacks at every in-person lesson
- End-of-Season 5K Celebration
- GOTR t-shirt, finisher's medal, and more
- SO MUCH FUN!

